



A Review Study on the Attitude of College Students towards Learning and its effect on their communication skill

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Abstract

The sole purpose of writing this review article was to make aware to its readers about the meaning and truth, which doesn't lose its worth, whether it has been conveyed or not. In all cases, there is still a possibility of meaning and truth can co-exist in the presence of its clue that reflects the real attitude of learning from the side of students, which is surpassed by their trivial nature, and hit them hard and confession remains in its placid nature. Academic circumstances, language, errors in writing, and many other flaws depended on the attitude of students, because the problem is not the problem, but the problem is the attitude about the problem, as said by Captain Jack Sparrow.

Keywords: Attitude, Students, College, Communication, Effect, Learning, Study

Introduction

Everything lies in the attitude of a student, which opens the gateway of a new horizon, but also is responsible for shutting it open too quickly for a long time, and remaining unhealed, which passes through the three steps.

Step I Think: This is the crucial part for students, which no one taught about "How to think conscientiously and effectively, but everything passed through it.

Step II Speak: According to Hershy and Blanchard's model, telling is a high task, but it depends on context, information, and emotion (Courage, 2012) for getting the vulnerable and valuable talk to highlight the meaning, connecting the reality, for resolving the problem (Papeli, 2006). Watch the word, and conceive its meaning, whether it has been conveyed or not (Keller, 2017).

Step III Act: It is the final step to take action on the plan that has been programmed earlier, along with all the data available, and put it into a plan for action.

Think, speak, and act are the interconnected constraints for the students perspective (Cepni et al., 2018), but in pressure that crush the whole idea of conversation or sharing it, its normal flow or momentum of accelerating the idea from low to high pitch for the seamless and effortless execution based on learning as well as efficient use of communication skills on the perspective college students (Woodall, 2010).

Behavior is inevitable, particularly for college students, but it's not derogatory for students (Chennaseti, 2020) on their all aspects through the completion of their studying journey within campus as well as out of campus or student's life, where losing the meaning would not complacent, but as complaint for losing the clue, which based on understanding and balanced combination of known and unknown fact or piece of information (Finzel, 2010).

The academic writing pattern, language pattern, mistakes, and other unseen before fall into the category of challenges for the students, who are unaware of them, earlier. There was not a lack of meaning, but a lack of awareness, which creates a clue of not losing connection with the truth, and meaning, on time; it exists, but without the right time, it would be rushed away (Rodrigues, 2001).

Literature Review

The study (Volchenkova 2023) revealed that lack of consistent practice making command over language seemed as big hurdle for students who studies in Russia whereas Russian Educational authority took many initiatives regarding, the international students in Russia, particularly for foreign students, but at academic level there is challenge on the skill of critical reading, hurdles on making conversation at local level, but (Boral et al., 2021) health, people, place, environment, culture effected the life of students.

The study (Yan et al., 2025) showed that maintain resilience as a double edge sword, to cultivate the resilience in educational environment demanded to participate in discussion actively, but lack of educational skills i.e., writing skill, effective writing strategy, language skills, seeking feedback and support including other essential skills that needed to be cultivated despite unproper time and effort; all effort went into vain whereas (Tajvar et al., 2024) facing challenges formed new learning environment, but all it depends on (Cleland, 2005) support system of students, which has adopted their studying routine across their environment.

The study (Yasmin et al., 2018) showed that going outside for study affects the health of students, but it does not follow the pattern for all students; it might be essential for students, companionship, which affected them widely. Some groups of students gain weight, while others lose less than five percent. Some felt no change in their weight, despite (Guimba et al., 2019) peer pressure made an internal force to do, without any intense desire for real doing, but (Okech et al., 2020) satisfaction played a grand value for students during their studying period.

Table 1: Summary of some meaningful and ubiquitous literature with respect to the attitude of students

Author(s) and Years	Finding	Attitude toward learning	Effect on Communication Skills
Cleland, 2005	Challenges negatively impact performance	Knowing the reality	Know the real made student aware
Wen et al., 2025	Find the lack in academic-related skills	Know the problem with writing skills	Try to improve it consistently
Lindsey, 2017	Fear in perception trick turned into a trap	Type of work telling each moment	Acknowledge the biases
Courage, 2012	Misunderstanding created by pre-perception	Monotonous task abandoned interest	Utilize creativity through work
Goleman, 2013	Nurture and strengthen	Consciously aware	Hassle-free communication
Telebloo et al., 2013	Multi-facet problems	Lack of understanding	Stuck in a situation
Fook et al., 2014	Value learning depended on disciplined knowledge with high care	Difficult to understand	Losing the lesson

Table 2: Timeframe of adopted literature

Number of Literature Studied	Timeframe of Literature
60	2000 to 2025

Table 3: Different Types of Literature Reviewed

Type of Literature	Literature in numbers
Qualitative Articles	30
Quantitative Articles	7
Books	8
Review Paper	6
Theory-based paper	2
Mixed Method Paper	10
YouTube (TED Talk)	2
Total	65

Research Method

To write this meaningful review, found meaning in the reviewed literature, showed the collections of research methods employed in different literature. This section represents the research method used in all other research articles, through the two objectives covered in this review article are given below:

Objectives of the study:

1. To study the factors that affect the attitude of college students toward learning.
2. To study the communication skills affected by the factors of learning attitude of college students.

From the Collected Articles, the following methods:

The research method in study (Medani et al., 2024) employed was descriptive method including survey questionnaire for data collection, another study (Abdulbaki, 2018) employed descriptive statics, study (Kintu, 2017) employed multiple regression analysis; study (Cleland et al., 2005) employed qualitative method of research (interview and focus group); study (Wu et al., 2015) employed qualitative case study-based approach; study (Wen et al., 2025) employed narrative review method; study (Tajvar et al., 2024) structured questionnaire; the study (Seldon et al., 2024; Sandhu, 2024) employed mixed method; study (Mai et al., 2024; Köse, 2024; Jimenez et al 2024; Eng et al 2024; Chantrea et al., 2024; Wachyuni et al 2024; Maulau 2023; Hussain et al., 2019; Hosseinkhani et al 2019) employed semi-structured interview; study (Eng et al 2024) employed questionnaire; study (Huang et al 2022) employed survey method; study (Sajjad et al., 2021) employed questionnaire based method; study (Chennamsetti , 2020) employed phenomenological qualitative research design; study (Ahamed et al. 2021) employed qualitative research design through semi-structured interview; study (Okech et al., 2020) employed cross sectional survey with both quantitative and qualitative approaches; study (Hussain et al., 2019) ; study (Hoon et al., 2019) employed quantitative survey research design; study (Guimba et al., 2019) employed qualitative research design; the study (Guimba et al., 2019) employed qualitative method through interview; the study (Dugdug et al., 2019) employed Quantitative research method; the study (Yasmin et al., 2018) employed case study method through the Grounded theory approach; study (Lodge et al., 2018) employed integrative review method to write and compile the all major article in systematic and meaningful order according its respected themes; the study (Jiyagatai et al., 2018) employed exploratory mix method; the study (Çepni et al., 2018) employed phenomenological research design; the study (Bishop, 2018) employed theoretical research technique; the study (Yaser et al.,2017) employed Quantitative research design; the study (Ching et al., 2017) employed meaningful review; the study (Wu et al., 2025) employed qualitative research method.

Data Analysis:

For writing this review article utilized content analysis technique, for finding meaning through these two objectives may possible to achieve.

The Data Analysis employed in study (Medani et al., 2024) was SPSS Version 24; another study (Abdulbaki, 2018) employed same software of 20 version; study (Cleland et al., 2008) employed SPSS for Windows, Rel. 10. 2000. Chicago: SPSS Incorporation; study (Isshak et al.,) employed survey method; study (Dilipbhai et al., 2025) mix method employed; study (Prasad et al.,2019) employed Shapiro-Wilk test; study (Prakatkark et al., 2020) employed bivariate parametric statistical methods, independent samples t-tests and specifically one way Analysis of Variance (ANOVA); study (volchenkova, 2023) employed mix-method approach, and diagnostic method; study (Boral e al., 2021; Yan et al., 2025) employed survey method with questionnaire; study (Boral et al., 2021) employed chi-square method of analysing quantitative data; the study (Yan et al., 2025) employed Fornell-Larcker criterion, confirmatory composite analysis, and percentage method of analysing quantitative data; the study (Wen et al., 2025) analysed the research articles in meaning and systematic order for finding the challenges and strategies of Chinese post-graduate students in academic writing; for analysing the data employed SPSS 22.0 (Tajvar et al.,2024); for analysing the data employed descriptive analysis, and thematic analysis (Seldon et al., 2024); for analysing the data employed descriptive analysis and t-test (Mai et al., 2024); for analysing the data employed thematic analysis (Kose, 2024); for analysing the data employed content analysis (Jimenez et al., 2024); for analysing the data employed SPSS version 26 (Eng. et al., 2024); for analysing the data employed thematic analysis (Chantrea et al., 2024); for analysing the data employed thematic analysis (Wachyuni et al., 2024; Hussain et al., 2019; oduwaye et al., 2023; Maulau, 2023; Wu et

al., 2015; Ahmed et al., .2021; Chennaseti, 2020; Okech, 2020); for analysing the data employed descriptive analysis, and ANOVA (Huang et al., 2022); for analysing the data employed SPSS (Sajjad, 2021); for analysing the data employed directional content analysis (Hosseinkhani et al., 2019); for analysing the data employed descriptive analysis and correlational analysis (Hoon et al., 2019); for analysing the data employed content analysis (Guimba et al., 2019); for analysing the data employed descriptive analysis, Linear Regression Analysis, and Co-relational Analysis, and percentage method (Dagdag, 2019); for analysing the data employed qualitative analysis through grounded theory approach (Yasmin et al., 2018); for analysing the data employed multivariate logistic regression analysis, and percentage method (jiyagatai, 2018); for analysing the data employed content analysis and descriptive (Çepni et al., 2018); for analysing the data employed content analysis (Bishop, 2018; Ching et al., 2017; Howard , 2004; Talebloo et al., 2013); for analysing the data employed percentage method (Yaser, 2017); for analysing the data employed document analysis, and percent method (Fook et al., 2014).

Results:

Table 4: Table of First objective's findings

Factors that affect the Attitude of College Students toward learning	
Category	Findings of the Review Study
Physical Factor	Health that is affected and facing sudden changes in the environment, and difficult to adjust to new companionship (Medani et al., 2024; Yasmin et al., 2018);
Unknown Factors	Inefficient in English language (Abdulgaki, 2018); reduce the unknown tendency (Prasad et al., 2019); cultivate understanding (Prakatkark et al., 2020); lack of skill on English language (Banu, 2017); attitude depends on situation (Meier, 2016); unawareness affect more widely (Medani, 2024); lack of local ascent in language in Russia (volchenkova 2023); unaware about other's attitude (Ahamed et al., 2021); not aware about to work on new adaptation (Wen et al., 2025; Tajvare et al., 2024; Seldon et al., 2024; Sandhu 2024; Mai et al 2024; Kose 2024; Jimenez et al 2024; Eng et al 2024; Chantrez et al., 2024; Wachyunni et al., 2023; Oduwaye et al., 2023; Maulaudi 2023; Huang et al., 2022; Sajjad et al., 2021; Ahamed et al., 2021; Chennaseti 2020; Okech et al., 2020; Hussain et al., 2019; Mesurrie 2018; Brown 2018).
Known Factors	Knowing the reality (Cleland, 2008); knowing about the difficulties they faced (Isshak et al., 2001); knowing the information at the right time (Dilipbhai et al., 2025); understanding the understandable (Kapur, 2022); education is valuable (Mishra et al., 2024); hurdles are unavoidable in the journey of education earning (Boral et al., 2021); balancing the pressure faced during studying through understanding (Yan et al., 2025);
Happiness Factors	Successfully perform learning activity with any external effort (Kintu, 2017); stay motivated (Chauhan, 2022);
Communication Factor	Asking question reflect the student's understanding (Chin et al., 2006); fear of result (Cleland, 2005); clarity lies in facts, ideas, and principles (Dubey et al., 2018); open sharing (Sebastian et al.,2024); enhanced awareness (Fernendiset al.,2024);

Table 5: Table related to the Findings of Second Objective

Factors of communication skills are affected by the factor of learning attitude of college students	
Category	Findings of the Review Study
Physical Factors	Students are unaware of the time and travel, including its side effects (Medani et al., 2024); students' active involvement in discussion (Abdulgaki, 2018);
Unknown Factors	Time played key role as well as lack of connection, interest, lecturer-imposed idea during the discussion that effect their communication (Abdulgaki, 2018); develop cultivate inter-person communication (Prasad et al., 2019); practice understanding for finding meaning (Prakatkark et al., 2020); proficiency on performance declined (Banu, 2017); learning

	depends on interest and involvement (Meier, 2016); accepting change, and cultivation turned the future (Mishra et al., 2024); Other fall on inconvenience (Ahamed et al., 2021); break the pattern of finding the truth with practice (Mai et al., 2024; Wen et al., 2025; Tajvare et al., 2024; Seldon et al., 2024; Sandhu, 2024; Kose, 2024; Jimenez et al., 2024; Eng et al., 2024; Chantrez et al., 2024; Wachyuni et al., 2023; Oduwaye et al., 2023; Maulaudi, 2023; Huang et al., 2022; Sajjad et al., 2021; Ahamed et al., 2021; Chennaseti, 2020; Okech et al., 2020; Hussain et al., 2019; Mesurrie, 2018; Brown, 2018).
Known Factors	Know the real made students aware (Cleland, 2008); comparison for finding meaning in terms of known (Isshak et al., 2001); attention on making connection with meaning (Dilipbhai et al., 2025); accept understanding as challenge (Kapur, 2022); Sacrifice on many favoritisms during study in educational institutions (Boral et al., 2021); with resilience students maintained their positive outlook or posture (Yan et al., 2025);
Happiness Factor	Students are satisfied with their attitude (Kintu, 2017); Accept problem as opportunity (Chauhan, 2022);
Communication Factor	Student's capabilities to aware about gap on meaning (Chin et al., 2006); result of exam change the attitude from normal behavior or students locked own self from all social connection (Cleland, 2008); improvement lies in the understanding (Dubey et al., 2018); supportive and inclusivity (Sebastian et al., 2024; Sebastian et al., 2024);

Conclusion

Staying away from home affect the health, hygiene, and habit of students during their college studying (Medani, et al., 2024); providing platform for developing the skill of language learning (Abdulbaki, 2018); in blended learning technique optimize the performance of students, and happiness developed the students automatically (Kintu, 2017); intention behind the question matter most for students (Chin et al., 2018); support for rural students must be needed (Ahamed et al., 2021); everything happens in the mind, utilizing the words during speaking, that hold its second measure importance, and at last way of taking action on said word that defined the color of attitude, which reflect in front of listeners (Keller, 2017).

Limitations of the Review Study:

1. This review study does not cover the factor of confidence and cognitive attitude-related factors in students' attitudes in a general sense (Abdulbaki, 2018).
2. The review article does not justify the performance of students in terms of good or bad, pass or fail, best performance or bad performance (Chin et al., 2008).
3. This review article doesn't represent the data about the sample size and other analyzing techniques discussed in the reviewed literature, because the scope of this review article is limited in nature towards the attitude and its effect from all the review articles preferred from 2000 to 2025.

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